

1969 St. Paul City Regional/Conference Meet – Mon., Oct. 27th at Highland Park, 3 miles

Teams:

- 1 Highland Park 15
- 2 Harding 52
- 3 Murray 110
- 4 Mechanic Arts 127
- 5 Johnson 128
- 6 Washington 13
- 7 Monroe 175
- 8 Humboldt 203
- 9 Central 266.

Individuals:

- 1 Rollie Flynn, Highland Park, 15:43.3
- 2 Tim Ryan, Highland Park, 15:46
- 3 Rich Holmboe, Highland Park, 16:07
- 4 Paul Peterson, Highland Park, 16:08
- 5 Lyle Hanzal, Highland Park, 16:18

Note: The City Meet was also the St. Paul Regional Meet to qualify two teams and the first five finishers for the State Meet.